

- Write the list of character deficiencies that you marked as 'not being ready to have removed' in #1, then write down the reasons why you choose to hold on to these character deficiencies (character defects, shortcomings).

Character Deficiency	Reasons for Holding On

Attach page if necessary.

- Write a prayer asking for (or thanking) God (Higher Power) the courage, wisdom and opportunity to let go of your character deficiencies (character defects, shortcomings).